



ACADIANA GASTROENTEROLOGY

A S S O C I A T E S

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FLEXIBLE SIGMOIDOSCOPY TEST INFORMATION

PATIENT NAME: _____

LOCATION: _____

DATE: _____

ARRIVAL TIME: _____

Patient Instructions:

NIGHT BEFORE THE SCHEDULED TEST:

- Have a liquid dinner.
- Use 1 (one) Fleets Enema at 8:00 P.M.
- **NOTHING TO EAT OR DRINK AFTER MIDNIGHT.**

MORNING OF THE SCHEDULED TEST:

- Use 2 (two) Fleets Enemas one hour before your scheduled time.

You MUST be accompanied by a responsible adult, 18 years old or older (with a driver's license) to drive and assist you at home after your procedure.

If you are unable to keep this appointment,
please notify our office at least 3 days (72 hours) in advance.